



From The Headmaster's Desk

This past week, being the Musical week, is always a highlight in the life of the School. Once again the performances and the entire production has been outstanding and Mrs James needs special acknowledgement for leading the entire team of students, parents and staff to once again stage a wonderful show.

Of particular delight in recent musicals is the level of participation and expertise of students in the Orchestra,

Back Stage crew as well as in the Sound and Lighting crew. Appreciation should also be expressed to Mr Coward as Musical Director, Mrs Margin for overseeing Back Stage, Mr Palmer for managing the Sound and Lighting and Miss Holt for her ever present assistance.

This being the first Bulletin following the holidays I also want to thank the Indonesian Language staff for organising a wonderful Indonesian Language Study Tour to Jakarta and Yogyakarta during the holidays. I had the pleasure of being there for part of the tour as

the students attended our link school in South Jakarta. The benefit of the study tours we provide are self evident when you see the experiences the students have. Over the year the School has developed a number of wonderful International Study Tours and we look forward to the Music Study Tour to the

USA next year. This will be a wonderful opportunity to explore music, theatre and performance in a variety of cities and genres and again will provide outstanding educational experiences.

This is of course an examination term for students in Year 7-12. Year 12 begin their Trial HSC examinations next week and I am sure that you join with me in upholding these students in your prayers. Examination for students in other years is just over five weeks away and so it is now time to begin thinking about revision and developing good study habits leading up to the examinations.

Dr David Nockles

CONGRATULATIONS TO
THE CAST AND CREW
OF THE
SOUND OF MUSIC

MACARTHUR ANGLICAN SCHOOL

Saturday August 10, 2013 at Camden Civic Centre
\$95 per person or \$900 for a table of ten

From the Deputy Headmaster

Occasionally parents come to me with a grievance about something a teacher has said, done or left undone. I welcome these times as an opportunity.

If the parents are correct in their complaint it affords me (and the teacher) the opportunity to put things right. We are after all a business (albeit a not for profit business), and we seek to provide the best educational service we can. Sometimes that means acknowledging our faults and seeking to correct them. Teachers, like anyone else, are not always perfect and make no claims to be so. Most people, teachers included, if they are in error, want the opportunity to put things right.

If a parent's complaint is not justified, however, or not completely justified, I am afforded the opportunity to correct a parent's misperception or misunderstanding. To my way of thinking airing a legitimate grievance appropriately is a win-win for both parents and the school.

Over the years, however, I have noted the reluctance of some parents to raise matters that are upsetting them. 'I am fearful my child will be targeted by Mr or Mrs So and So', they tell me. It never ceases to astonish me no matter how many times I hear it. Yet in truth in all my years of teaching I have met so few teachers who would be so vindictive and unprofessional as to victimise a child – not to mention that such a response from a teacher at Macarthur would be completely at odds with the Christian character of the school and the expectations we have of our staff.

And so I encourage parents and students to be forthcoming when grievances occur. By far most grievances stem from miscommunications and misunderstandings rather than malice and can often be resolved easily. Unfortunately, as a species we humans are far too ready to ascribe the worst motives to people who upset us when more often a simple misunderstanding or misperception is the true culprit.

And so it is important that when raising a grievance you leave room for the possibility that your perception of things may not be entirely correct. Humble attitudes like this afford the best opportunity for conflict resolution.

And now, having told you all this, you will hopefully have no need to call me ☺

Car Park Matters

The safe delivery and collection of students in the Junior School remains a concern at the commencement and conclusion of the school day.

The greatest obstacle to the effective flow of traffic and the safety of children is caused by the fact that parents choose to park in the pick-up and drop off zone and on Lone Pine Drive, rather than parking in the designated car parking spaces.

The designated pick up and drop off point in the School carpark is not a place to park and leave your vehicle. If parents choose to park there are plenty of designated spaces available. Parents who park their car should walk their child to and from school. No student should ever enter the carpark unaccompanied by an adult and please under no circumstances leave your vehicle in the designated pick-up and drop off zone.

Students are only to board cars on the far side of the pedestrian crossing, closest to the Cafe, as this enables the staff on duty to best ensure that this occurs in a safe manner as well as facilitating the smooth flow of traffic and pedestrians in the area.

Please continue to observe the speed limit of 20 kph at all times when you are driving in the school grounds and carefully check the area around your car, particularly for small children, when entering and leaving your car parking space.

Observing these guidelines will continue to protect the safety of our students as they arrive and leave the school grounds. It will also ensure a smoother flow of traffic. I thank you in anticipation of your co-operation in this area.

Andrew Kokic

The 2012 Annual Report is now available on line.

From the Dean of Studies

“Increasingly, in a world where knowledge itself is constantly growing and evolving, students need to develop a set of knowledge, skills, behaviours and dispositions, or general capabilities that apply across learning area content and equip them to be lifelong learners able to operate with confidence in a complex, information-rich, globalised world.” <http://www.australiancurriculum.edu.au>

Macarthur aspires to provide quality education for our students. One of our academic goals is to ensure our students are equipped with skills for the 21st century. We encourage our students to be independent learners who are curious about and love learning as well as develop creative, critical and deep thinking skills. We aim for our students to become confident and creative individuals who are internationally minded and equipped with a desire to serve and help others.

There is clear evidence that the quality of teaching is one of the most significant factors affecting student outcomes. As a result, Macarthur places great emphasis on our teachers' professional development.

Teaching has changed dramatically over the past five years. Our students today are markedly different as they have been exposed to digital technologies their entire life. This means that they process information, think and learn differently. As teachers we need to change our teaching to reflect this educational shift.

In the recent holiday period, all teaching staff spent an intensive two days preparing for the new implementation of the Australian Curriculum and learning how to further engage our students in innovative ways in our classrooms. Our keynote speaker was Gillian Davis, Associate Director from the Anglican Education Commission who challenged staff to consider the different learning paradigms and ways of thinking our new generation of students possess and how we can implement best practice in our classrooms. Rebecca Fitzpatrick, Co-ordinator of Teaching and Learning Innovation also provided practical demonstrations of how she creates learning environments that empower students. Importantly she demonstrated how our students need to be taught how to learn so they can be self-directed in their learning.

Over the two days, our teachers began designing innovative teaching programmes based on the new Australian curriculum. This will be a feature of staff meetings and future professional development days. While it is a time consuming and challenging process, it is also an exciting opportunity for Macarthur teachers to focus on ways to help our students foster deep knowledge and understanding as well as develop a range of salient skills and values for this century.

Melissa Gould-Drakeley

2014 Warren Scholar

Applications are now open for the 2014 Warren Scholar which is opened to students who will be in Year 11. An information booklet and the Application Form is available from Michele Willsmore, the Headmaster's Personal Assistant.

Applications close on 20 September 2013.

From the Dean of Students

I wonder if you have ever passed the School during the student vacation period and wondered why there are so many cars still parked in the driveway during this time. This is something that can be observed regularly during vacation due to the fact that staff at Macarthur are very often involved in activities that are offered to students beyond the normal classroom activities. This dedication often goes unnoticed and it would be a shame for students to fall into the assumption that this type of commitment towards them is something that occurs at any other school. It is because of the dedication of Macarthur staff, that the opportunities offered to students are made possible and deepens the level of engagement that families have with the School. I've taken the opportunity to briefly outline just a few of these occasions occurring within the last vacation period.

Indonesian Tour - Twelve day study tour to Java visiting the MTsN3 school in Indonesia.

Silver Duke of Edinburgh Hike - Three days and two cold nights spent hiking through the Megalong Valley.

Musical Rehearsals - Regular rehearsals through the three weeks vacation some finishing late into the evening



Year 12 Seminars - Teaching staff offering seminars for Year 12 students to extend their opportunities for learning and preparation for upcoming Trial examinations.

Snowsports Camp - Competition between Schools in regional snowsports leading to State and National finals

First Aid Course - Staff involved in renewing or gaining their First Aid certificates through Surf Lifesaving Australia

Professional Development - All staff attend planned sessions over two days addressing issues that further teaching standards and the implementation of new programmes and technologies in the classroom.

This is a quick overview of the activities Macarthur staff are involved in throughout the vacation period and I know that other activities could be added to this list to give a more comprehensive overview of the dedication and often unseen commitment of staff. It is a great pleasure to be working alongside people that are passionate about providing the very best they can give to the School and the students and families that benefit from this commitment and professional outlook.

Timothy Cartwright



Parents & Friends

Men at Macarthur continue to hold successful BBQ's on the fourth Friday of every month. Thanks to all the Dad's who braved the cold mornings to assist. Thank you Michael Banks, RAMS Macarthur Home Loans for providing all produce for this event.

It is time for us all to start thinking about Fathers Day! Fathers Day stalls will be held Tuesday 27 and Wednesday 28 August. Fathers Day Breakfast will occur on Friday 30. Collection of gifts will commence Monday 5 August.

Welcome to all our new International students. We hope your time at Macarthur creates many lasting memories.

Community Chat

Thank you to all who have supported the Annual Appeal. We have raised \$29,000 so far but it would be fantastic to reach \$30,000 by the end of this month. If you have not had the opportunity to donate yet it is still not too late. Please contact me if you can't find your appeal letter or go online to donate. Funds raised are being directed toward the Chapel refurbishment project which has already commenced. Those who have had opportunity to attend a function in the Chapel will have noticed that the floor has been sanded and re-stained and once again looks fantastic. The first section of seats have been removed and reupholstered and are now ready to be refitted into the Chapel. Macarthur is now looking at upgrading the Chapel carpet and then further down the track spending some time and finances installing air conditioning into the Chapel foyer and upgrading the foyer service area.

Playgroup continues to enjoy their time together. They are in the process of creating an artwork masterpiece ready for the Annual Fundraising Dinner auction!

Women on Thursday (W.O.T), continues to meet every Thursday in the Café meeting room. Women attending have enjoyed the leadership of Beth Taylor. The group is continuing in the study, 'The Purpose Driven Life'. W.O.T welcomes all.

Relay for Life will occur on the weekend of Saturday 21 and Sunday 22 September. Please contact me if you would like to participate in this event.

The Annual Fundraising Dinner is just around the corner! Tickets are still available so can I encourage you to attend this great social event. Please check the website for more information. If you have been so kind as to donate to our auction would you please forward the vouchers or items to me by Monday 29 July.

It was great to be able to welcome residents from our local retirement villages this week. Guests enjoyed a morning of fun and entertainment whilst watching the School musical, The Sound of Music.



For more information please contact spascoethomas@macarthur.nsw.edu.au.

Chaplain's Chat

“What are you doing?”; “Nothing”.

We all live busy lives and much of the time it seems we are busy doing the things we ‘have to do’. But then there are the times we fill when we have ‘nothing to do’. This is our leisure time or recreational time and is usually a time we make our own decisions about what to do.

So in Middle and Senior School Chapels this term we are looking at the theme; “What would Jesus say about the things we do when we have nothing to do?”

The list is endless (and included some pretty strange responses when we ‘brainstormed’ this in chapel this week) but we will be covering such topics as watching TV, what’s on my ipod, computer games, movies and reading books.

Jesus and his disciples also had ‘down time’ and my guess is that the time they were criticised for picking grain as they walked along they probably thought they were ‘just doing nothing’. It turned out that they were picking grain on the Sabbath and the religious leaders were upset about them ‘working on the Sabbath’ by casually picking some grain as they walked. (Mark 2.23-28) Jesus’ reply is interesting. Apart from defending the exception to the ‘religious rule’ by citing an example of King David and his men getting away with eating the bread that was being kept aside for a religious purpose, Jesus concludes that the “Sabbath was made for man, not man for the Sabbath”. In other words a day of rest is given as a gift for us to not only worship the Lord but to be ‘re-created’. In fact Jesus says that the ‘Son of Man (ie Jesus himself) is Lord even of the Sabbath’.

So what I do when I have nothing to do is not really a private decision. Jesus is interested in our private and recreational life and wants us to acknowledge his Lordship over that and every part of our lives.

It is great to have ‘down time’ when we have ‘nothing to do’. The Bible suggests it is good for us to rest and not to always for doing busy things (we see this model in the rest by God on the seventh day of creation). But we can’t say to God that what we do is none of his business. If he is Lord of all this includes the way we restore ourselves when we have ‘nothing to do’.

David Hayman



MEN & MACHINES 2013

Come and enjoy an exhibition of various cars, boats, bikes, trucks and lots more. Free attractions for all including the kids, food and drinks available and helicopter joy flights available.

Andrew Fisher and the Jesus Racing team will be there as well as Stan the Man Longinidis - 8 times world kickboxing Champion.

Contact us on:
1300 XTREME (1300 987 363)
should you wish to add a vehicle of interest to the event.

DATE Saturday 19th October 2013

TIME 10:00am - 4:00pm

COST \$10pp or \$30 family

WHERE Macarthur Anglican School
Cobbitty Rd Cobbitty

EXHIBITOR TROPHIES UP FOR GRABS

Find us on Facebook
<https://www.facebook.com/Macarthur.Men.and.Machines>

Indonesian Study Tour

Bringing their Indonesian language study to life, nine Indonesian students in Years 9-11, accompanied by Dr Nockles, Mr Blake, Miss Fenton and Mrs Gould-Drakeley, recently embarked on a twelve day in-country on the island of Java. It is difficult to describe the amazing range of experiences we enjoyed during our time in the capital city, Jakarta and the culturally renowned city of Yogyakarta.



The highlight of the Jakarta leg of the tour was our two days as guests of MTsN3, our partner school in Indonesia. This relationship was established three years ago through the Australia-Indonesia BRIDGE programme and we loved being able to meet up again with the students who had visited us last year, or with whom we had been communicating in our classrooms via Skype. We were deeply touched by the welcoming ceremony, where the students raised the Australian flag alongside their own and the choir sang both verses of our national anthem!

In Yogyakarta we experienced a more relaxed way of life than the frenetic hustle and bustle of Jakarta. Yogyakarta highlights ranged from cultural activities such as visiting the World Heritage Borobodur ancient temples, to more adventurous pursuits such as going on a jeep ride over volcanic ash to a village that had been destroyed by the eruption of Mt Merapi in 2010. We also enjoyed the simplicity of village life, taking turns at ploughing rice paddies behind buffalo, harvesting rice, cooking simple village snacks and participating in a range of art workshops.



The Tour was of great significance because it was the first time in more than ten years that Macarthur students have visited Indonesia due to Australian government travel warnings that had previously prevented travel to the country. With the imminent implementation of the Australian curriculum in NSW and its cross-curriculum priority 'Asia and Australia's Engagement with Asia', Macarthur students continue to be equipped to be at the forefront of fulfilling a national strategic priority. Most importantly, our students have been enriched by the hospitality and kindness of the Indonesians we met, and the opportunities that we too had to be a blessing to them as we used our language skills and made new friends. The students impressed everyone with their enthusiasm and their passion for learning throughout the tour, as well as their amazing Indonesian skills. We hope that what you have learnt will continue to resonate with you in the years ahead.

Miss Fenton, Mrs Gould-Drakeley and Mr Blake

Athletics Carnival Results

2-6

8 Years Boys	Aaron Green
8 Years Girls	Eden Kautz
9 Years Boys	Alexander Giakoumelos
9 Years Girls	Rose Jansen
10 Years Boys	Makenzie Kautz
10 Years Girls	Sophie Patterson
11 Years Boys	Dylan Offord
11 Years Girls	Holly Creber
12 Years Boys	Brodie Paterson-Leone
12 Years Girls	Caitlin Sendt

Female Athlete of the Meet: Bessie-Lucile Platt;
Male Athlete of the Meet: Teo Markou



Female Athlete of the Meet: Holly Creber; Male Athlete of the Meet: Alexander Giakoumelos



Champion House: Hassall

Years 3-6 CIS Cross Country

Congratulations to Lauren Tisdale, Eden Kautz, Laura Whitelaw, Thomas Patterson, Alexander Frankum, Makenzie Kautz, Joshua Sendt, Dylan Offord and Caitlin Sendt on their results.

Years 7-12 AICES Cross Country

Congratulations to Matilda Offord who placed first, Cate Ward and Douglas Myers who placed second in the above event.

7-12

12 Years Boys	Benjamin Bywater
12 Years Girls	Mia D'Onofrio
13 Years Boys	Keegan Potgieter
13 Years Girls	Jordyn Snape
14 Years Boys	Daniel Blachura
14 Years Girls	Laura Perich
15 Years Boys	Jhett Kellner
15 Years Girls	Madison Hale and Jacklyn Favretti
16 Years Boys	Andrzej Prociuk
16 Years Girls	Bessie-Lucile Platt
17 Years Boys	Jeremy Lawless
17 Years Girls	Emma Houghton and Maire Playford
18 Years Boys	Teo Markou
18 Years Girls	Emily Newton



Macarthur placed sixth overall and third within the NASSA schools. NASSA won the AICES Cross Country.

CIS Cross Country

Congratulations to Matilda Offord who placed third and to Ben Bywater, Cate Ward, Sophia Seton, Grace Murphy, Jeremy Lawless, Kaylie Ekinci, Emily Newton, Madeline Eyles and Douglas Myers on their results.

WELCOME BACK

The boys and girls have returned to school with great enthusiasm. As I visited classes last week I spoke to the students in 'code.'

Firstly, 'HHW', standing for 'Holiday Homework.' Before the break, I asked the students to think of one thing they would like to improve on throughout Winter Term and to reflect on HOW they might go about doing this over the holiday break.

The second code was 'R4O', an acronym for 'Respect for Others.' It is important we teach the students of Macarthur to respect each other, their teachers, their parents and themselves. In doing this, they are ultimately showing respect for what God wants and how he wants us to live.

Here are some quotes from some of the students:

'I am still working on my shoelaces.'

Kindergarten

'I am starting to listen better. I need to keep working on doing my work quicker.'

Year 2

UNIFORM REMINDER

A reminder that as part of school uniform, all students in Years K-6 should be wearing their blazer to and from school, even if they travel by private transport.

FOOD SAFETY INFORMATION

As cold temperatures hit the non-tropical areas of Australia, the Food Safety Information Council is warning the community not to prepare food or drink for others if they have gastroenteritis.

Council Chair, Dr Michael Eyles, says that we often associate gastro with bacteria growing in food during our long hot summers but there are also viral gastro outbreaks in the winter months linked to norovirus that can also be transmitted by food.

'Once norovirus is contracted a single infected person can easily spread it to many others, especially if they prepare food or drink. The best advice is not to prepare food for others if you have gastro as you can easily make them sick as well. Do not handle or prepare food for the family or household for at least twenty-four hours after symptoms have stopped. The safest thing to do is to arrange for someone else in your household to prepare food and drink.'

For more information on norovirus see Australian Government Department of Health and Ageing.

Extract taken from Food Safety Information Council Media Release: Tuesday 9 July 2013.

WELCOME TO OUR NEW STUDENTS



ANGUS
MURPHY
YEAR 4



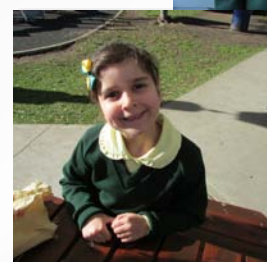
HARRY
TANNER
YEAR 4



KYAH ROY - KINDERGARTEN



DANIEL
LUCIA
YEAR 1



MARIELLE
LUCIA
YEAR 1

SCIENCE IS SENSATIONAL IN YEAR 2!

Throughout Autumn Term Year 2 studied mixtures in Science. We conducted lots of experiments and enjoyed Mrs Glover demonstrating for us. We defined what a mixture is and learnt about solids, liquids and gases and reversible and irreversible change.



Mrs Glover demonstrating that adding heat to fabric results in irreversible change.



Detergent, water and oil can create layers of liquid.



Zac, Katie, Makyah, Michael and Lachlan mixed various ingredients and then used sieves to see if we could separate them.



Gabriella and Jemima sifting solids.



Georgia Baker



Andreas and Sam used filter paper, water and textas to separate colours.

JUNIOR SCHOOL NEWS

GROWTH GROUP WEBSITE LAUNCH

Mrs Relyea launched our GROWTH ('Gardens Require Our Wise, Tender Hands') group web site with the students last week. There was much excitement at the prospect of entering in competitions and many more features were revealed.

If students wish to view the fantastic new website please go to the school's intranet site and look for 'Growth Group' under the 'Student' section. I would like to thank Mrs Relyea for all her hard work in creating the website for the students. If students wish to email in photo's for the website gallery they can email growth_group@macarthur.nsw.edu.au or simply give their photo's to Mrs Relyea.



BOOK WEEK - 'BAKE A BOOK'

Do you love to read?
Do you enjoy baking cakes?
Well, we have the competition for you!

As part of our Book Week celebrations on Friday 23 August students in T-6 are invited to be a part of our 'Bake a Book' competition. Please look out for more details and get those creative juices flowing!

Students in T-6 are invited to enter this competition.



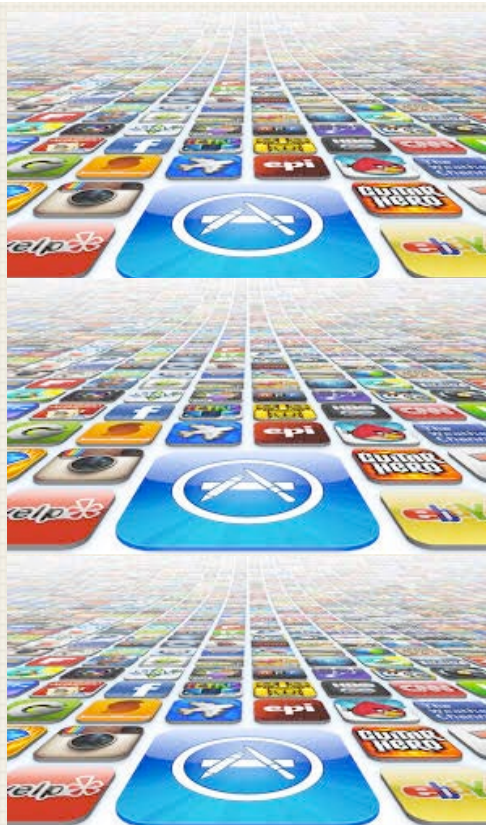
TECHNOLOGY - IPAD APPS

 Book Creator	 iMovie	 Aviary
 Lifecards	 Keynote	 Strip Designer
 Puppet Pals HD Director's Pass	 Pages	 Google Translate
 Bible Buddies Director's Pass	 Popplet	 Qrafter Pro

Below is a **selection** of apps used on the iPads in our K-6 classrooms. For more details please log in to the school intranet using the following log in details:

Username: jsparent
Password: cicak 13

An app summary is available on each of the K-6 class pages.



 Google Earth	 Awesome Eats	 Kindoma Storytime
 Globe	 Hungry Fish	 Puppet Pals 2
 School A to Z	 Sight Words List	 iDiary for Kids; journalling platform for writing and drawing
 Dictionary	 Flow Free	These are only a selection of the apps installed and used in K-6 classrooms. Please see 'class pages' for a more detailed document.

Winter Term

Welcome back parents and students for what is going to be an enjoyable term. The staff and I hope that the holidays were an enjoyable time for families.

This term consists of many opportunities for the students to be engaged and challenged. I am looking forward to Book Week and the experience of taking seventeen students from Year 6 to North Queensland in September.



As I write this the 2013 Musical "The Sound of Music" will have concluded. It was pleasing to see another outstanding performance and

production, again highlighting the talents that the students of our school have.

The willingness and commitment of students, alumni, teachers and parent helpers is always amazing and this occasion is no different.

Parent / Teacher Interviews

All parents should have received their children's reports late last term. Whilst reports are an accurate record of performance they are not the most comprehensive way of communicating detailed information to families. It is for this reason that I would encourage every family to attend parent/teacher interviews. Our parent/teacher interviews are being held on Thursday 8 August and Monday 12 August.

Please ensure that you book the interview times that you require online as soon as possible. Please remember that whilst these formal interviews give you the opportunity to discuss your child's progress with their teacher, you are most welcome, and encouraged, to speak with your child's teacher at any time throughout the year.

Term Letters

All Year 5 and 6 staff provided students with a copy of the Term Letter pertinent to the learning programmes of their class on Friday 26 July. These letters outline the curriculum content your children will be studying over the course of the Winter Term.





The students in Stage 3 are working through values this year. In July we have spoken of Generosity, while in August we will be talking about Patience and Gratefulness. Each value is related to a bible verse and when appropriate, examples are given during house periods.

MESSAGES...

Year 7 Examination Preparation

Mrs Fitzgerald and I have had the first of a few meetings with Year 7 as they approach yearly examinations later this term. We spoke to them about how their notes should be organised on their iPad and in their books. Please contact me if you would like to know more.

North Queensland Outreach

A final Information Night for parents and students on the arrangements for North Queensland Outreach will be held on Monday 5 August, commencing at 6.30pm in the Cranmer Room.

MINDQUEST 2013

The NSW Talent Centre are again offering their annual Mindquest programme for enrichment of students in Year 5 and 6. The programme includes thirty-eight exciting, fast-paced courses which take place on Saturday 14 and Sunday 15 September. Please see Mrs Fellows at the Heads of School Office for additional

Nihon Visit from Japan

We are looking forward to hosting our visiting students from Nihon University the Third High School in Japan in from the 6 August to the 19 August.

Technology - iPad Apps

Below is a selection of apps used on the iPads in our K-6 classrooms. For more details please log in to the school intranet using the following log in details:

username: msparent

password: cicak13

 Book Creator	 iMovie	 Aviary
 Lifecards	 Keynote	 Strip Designer
 Puppet Pals HD Director's Pass	 Pages	 Google Translate
 Bible Buddies Director's Pass	 Popplet	 Qrafter Pro

 Google Earth	 Awesome Eats	 Kindoma Storytelling
 Globe	 Hungry Fish	 Puppet Pals 2
 School A to Z	 Sight Words List	 iDiary for Kids; journal platform for writing and drawing
 Dictionary	 Flow Free	These are only a selection of the apps installed and used in K-6 classrooms. Please see 'class pages' for a more detailed document

STUDY SKILLS

TIP FOR JULY:

Prioritising using Rock, Pebbles, Sand

Do you ever find that you spend a long time doing little fiddly things then find that you have no time left for the larger tasks you need to get done?

Try this experiment. Take a jar, some rocks, some pebbles and sand. What happens if you put the sand in first then the pebbles? The rocks won't fit. But if you do it the other way, put the rocks in first, then pop in the pebbles around the sides of the rocks, then sprinkle in the sand it all fits in no problem at all.

What does this mean? It is an analogy for how to make the most of blocks of time. If you do the big tasks first (the rocks), you will find time for the smaller tasks (the pebbles) and you'll easily sprinkle in the sand (the little fiddly things). So if you deal with the rocks first you'll actually still find time for the other tasks to fit around it.

But it doesn't work the other way. If you deal first with the minutiae, the small things, you end up giving short shrift to the more important tasks and deplete your energy on these little things and the little things will expand to fill the time available.

If you find this technique too challenging, you can set yourself a strict half hour or so to knock over as many of the little things as possible before you start. Once time is up, you then use the block of time to work on the big important tasks. So draw up a table with three columns and put all your work into these columns

ROCKS are the important and urgent tasks.
PEBBLES are the tasks that may also be important but are not as urgent. SAND are the little fiddly tasks that you can slot in anywhere.

Do the rocks first, then the pebbles, then the sand.

Another approach you might like to try is the Rule of Three.

Rule of Three Technique

- Circle the top three tasks that need to be done. What is most important and most urgent?
- Put them in order from one to three.
- Start at the first task and complete it before moving onto the second.
- Once all three tasks are completed, look through your list again to choose the new top three tasks.
- Don't cheat yourself – you have to complete fully the first task before moving to the second.

There are many different methods of prioritising. You need to try different ones and see what works for you. You will find more in the Time Management Skills unit on www.studyskillshandbook.com.au

Our school's subscription details to www.studyskillshandbook.com.au are -

Username: formasonly

Password: 27results

Winter Term – Examination Season

Welcome back to Winter Term. It is difficult to believe that this is the last term of the academic year. With this brings great anticipation for our Year 12 students as they begin the preparations for finishing their academic time at Macarthur. At the time of publication of this bulletin Year 12 will be madly preparing for their Trial HSC Examinations. We would like to wish our students (and parents) all the best for their Trials.

For our Year 11 students it is also a busy time as they prepare for taking over the leadership of our school. Over the last week students across the school have been voting for the School Prefects and the Headmaster will make his final decision later in the term. I would like to congratulate all students who put their name forward to be nominated as Prefect.

For Year 10 and 11 this term also brings with it their Yearly Examinations in Week 8 and 9. I would like to encourage students to think about preparing for their exams as early as possible.

A Working Holiday for the Senior School

During the recent school holidays there were a wide range of activities students in the Senior School, including:

- Thirty plus students involved in the Duke of Edinburgh's Award Silver Expedition to the Wild Dog Mountains.
- Four Year 11 students headed to the United States to take part in the Global Young Leaders Conference
- Preparations continued for the School Musical.
- Nine Indonesian students and staff embarked on a twelve day study tour of Indonesia.
- Fifteen Year 12 teachers volunteering their time to run thirty sessions to help prepare our students for their Trials or Major Works.
- Forty students involved with Snowsports and/or NSW Regional Interschools Snowsports.

Senior School at Macarthur

To stay up-to-date with courses and happenings in the Senior School may I remind parents and students to keep tabs on our Senior School Facebook page. The purpose of this page is to keep our students up-to-date with what is happening in the Senior School as well as with information regarding careers and tertiary information.

However, it is important to note that it is not an expectation that students in the senior school have a Facebook account. The information provided on the Facebook site is also directly linked to the Senior School Portal on the School Intranet.



PREFECT CORNER

FROM THE SCHOOL VICE CAPTAIN

Reflection on Foundation Day

During my time at Macarthur, Foundation Day has grown from a more formalised occasion, to an exciting day for everyone to be involved in some way. Although the values and ethics of the school haven't changed since the foundational year of 1984, the flexibility of the school environment most definitely has. In recent years, the greatest feat hasn't been the enforcement of strict rituals, rather the creation of events and activities that I am sure will endure in the school's future. Although the day circulates around the history of the school, it transpires into making memories in our own lives, providing a special occasion for students to express their many varied talents.

This year is the third time the House Boat races have been included in the days activities. After weeks of preparation including the designing and building of boats from cardboard, PVC pipe, shade-cloth and various other materials, each House presents their four-person boat on the Assembly ready for the serious business of racing to follow. With races that involved various age groups, a relay and a slalom course, there was plenty of opportunity for many to be involved, whether it be in the boat, or as support and repair crew or just cheering on their team.



HEBER MASCOT, CAPTAIN
AND CREW



BROUGHTON HOUSE CREW



HASSAL RACING AHEAD?

PREFECT CORNER



HOUSE BOAT RACES UNDERWAY

The 100m finals for the Sport's lovers, the free BBQ for the food lover's and the House Boat races for the house enthusiasts, have all contributed to a day that stands out from the rest, for students here at Macarthur. This day is a symbolic occasion to mark the unity and the respect each individual has, not only for their school, but for the

peers and teachers that make Macarthur such a unique learning environment. You couldn't go past the many smiling young faces, standing in awe or hanging in awe of the mascots legs. Or ignore the

fanatic fan girls from each house, cheering to their heart's content during each race. No Foundation Day didn't begin here, but it has developed into a day that celebrates the significance the school has had in our lives, and the lives of many that have attended before us.



JEREMY LAWLESS
ROBERT ALEXANDER



BESSIE-LUCILE PLATT

Tynan Williams

DRAMA IN THE SENIOR SCHOOL

Out and about



RE-ORGANISING THE PROP DEPARTMENT.



IN CHARACTER!

Senior School Recital



YEAR 11 DRAMA PERFORMANCE



DRAMA CLUB ON RECITAL NIGHT



ABBEEY BAMFORD



HOW ABSURD!

DRAMA IN THE SENIOR SCHOOL

A PHOTO JOURNAL

Drama in the classroom



CLASS IMPROV - EMERGENCY!



RHIANNON AND BESSIE HAVING FUN.



TEGAN, TABETHA, WILLIAM AND KATE DOING A BALANCING ACT.

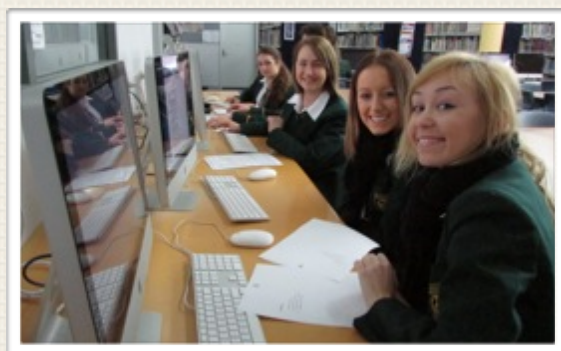


EVERYONE WORKING TOGETHER.

Not all just fun and games



DRAMA THEORY TIME!



THEATRE PRACTICES RESEARCH IN THE LIBRARY.

SPORTING ACHIEVEMENTS

JUDO RESULTS

Congratulations to Andrzej Prociuk (Year 11) who has been selected to represent Australia at both the Auckland International Open Tournament and the Cadet World Championships in Miami USA.

At the recent National Titles, Andrzej won Gold in the U81kg Cadet Men's Division (U18) and Janusz Prociuk (Year 12) won Bronze in the U60Kg Young Men's division (U21).



ANDRZEJ (ABOVE) AND
JANUSZ (RIGHT)



CROSS COUNTRY

Congratulations to Douglas Myers (Year 12) who came second at the AICES Cross Country Carnival last term. Douglas then placed ninth at CIS Cross Country.

Other pleasing Senior School results at CIS were Grace Murphy (Year 10), Jeremy Lawless (Year 11), Kaylie Ekinci, Emily Newton and Madeline Eyles (Year 12),



CHAMP CAMP

All Year 12 students have been issued with forms for Champ Camp, which will be held in the first week of the October vacation, just before the HSC examinations. The venue is the KCC Convention Centre at Katoomba. The camp offers students the opportunity to study for approximately thirty-five hours without distractions and most teachers of Year 12 will attend at some point to run sessions and mark work or offer individual consultations where necessary.

To secure a place, a deposit of \$100 should be paid to the Accounts Department by 30 August with the appropriate forms, the balance of \$260 being due by 6 September.

Any questions can be directed to Mrs Low at school.

OTHER HAPPENINGS

WESTERN SYDNEY CAREERS EXPO

Students in Year 10, 11 and 12 recently had the opportunity to attend the Western Sydney Careers Expo, held at Sydney Olympic Park. This expo provided students with the opportunity to find out what courses Universities and other providers have to offer and to ask questions as they prepare for making University Applications or choosing their subjects for Year 11 and 12. Students got a great deal out of the day and said they had a greater appreciation of what is available beyond school.



GROUP AT THE EXPO



NEERU AND JESS WITH THE GROUPS
GOODIES AND READING FROM THE DAY

BLAST FROM THE PAST - GOLD DUKE OF EDINBURGH PRESENTATION

Congratulations to James Murdoch, Matthew Cowper and Ryan Tegel (Year 12, 2011) who were presented their Gold Duke of Edinburgh Awards. Their awards were presented at a Vice-Regal ceremony at St Stephen's Church in Sydney toward the end of last term. It was a fantastic occasion and it was great to catch up with the boys and find out what they have been up to since leaving school. They wished the current group of Gold candidates all the best as they continue to work through their award.

Congratulations also to Michael van den Heuvel (Year 12, 2011) who has been confirmed as completing the Gold Duke of Edinburgh's Award.



OTHER HAPPENINGS

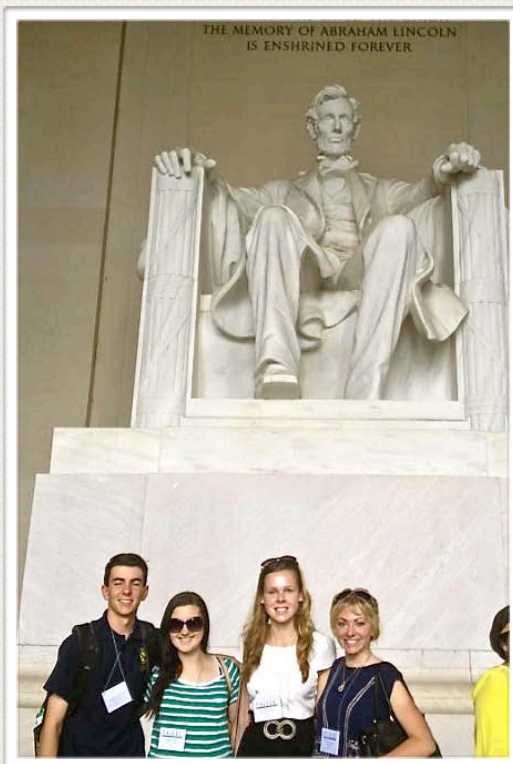
U TURN THE WHEEL

Just prior to the school holidays Year 11 students had the opportunity to be part of the fantastic programme organised and run by Rotary. The purpose is to ensure that the students understand road safety and how to be a responsible driver. Sessions included NSW Police, Party Safe, NRMA, Brain Injury Unit and visiting a haulage truck to gain an appreciation for larger vehicles on the road. We would like to thank Rotary for their continued involvement.



MACKENZIE EDGINGTON

PHOTOS FROM GYLC FULL REPORT IN NEXT BULLETIN



DANIEL WHITTLE, EMMA NOCKLES,
JAIME-LEE HAYES AND COURTNEY
CROSS AT LINCOLN MEMORIAL



WASHINGTON SQUARE PARK (ABOVE),
SMITHSONIAN (BELOW).

