Outdoor Education Programme

Year 12 Camp 2016

Information Booklet for
Parents and Students
30 October 2015

**From the Dean of Students**

I am writing to inform you of the continuing Outdoor Education Programme for your son/daughter at Macarthur Anglican School. The Outdoor Education programme is integral to the curriculum and as such cannot be considered an optional extra. Each camp seeks to give students an opportunity to experience a temporary community where they can learn to co-exist and develop an ongoing relationship with each other in their peer group and with their teachers in a Christian context. It also allows them to face challenges they would not otherwise have and grow as individuals as a result.

Through participation in the Outdoor Education Programme students will be given an opportunity to develop and refine their skills in a wide range of activities. Such activities include Beach Swimming, Ocean rescue and Awareness, Go-Karting, Water-Slides, Sea-Kayaking and Surfing and White Water Rafting. The Outdoor Education Programme rewards students who achieve across a number of outcomes and therefore become eligible to receive an award, beginning with the Camp Participation Award and culminating in The Macarthur Award of Outdoor Education.

The Year 12 Camp will be held from Monday 1 February 2016 to Friday 5 February 2016 and is based at The Centre, Bonville, which is situated near Coffs Harbour. Further details about the programme can be found on the next page.

Your child’s outdoor experience will include a variety of water based activities including Surf-Rafting and Snorkelling. Each student will need to carry some essential items and should bring their own day pack and several strong plastic bags.

Further information regarding the aims and objectives of Macarthur’s Outdoor Education Programme can be found in the Student Diary. Please discuss the responsible behaviour expected during the camp with your child and the understanding also that any unreasonable damage to camp property will need to be paid for.

Please note a list of activities that each child will be taking part in during the Year 12 Programme and an equipment list are provided in this booklet.

Timothy Cartwright
Dean of Students
Year 12 Camp 2016

Programme Descriptors

Outlined below is a brief description of the activities Year 12 will undertake during their camp. The activities are planned in such a way so that students begin or further develop particular skills as they progress through the sequential programme for Years 3 – 12. There is no expectation, however, that new students entering the School in 2016 will have participated in an Outdoor Education Programme and activities are planned accordingly.

For each activity undertaken a member of staff from Macarthur will be present as the overall co-ordinator and supervisor. Appropriately qualified instructors, provided by Action Learning Initiatives, will undertake the instruction, safety briefing and specifics of the activities.

- **Beach Swimming** – Students will be given an opportunity to swim at a patrolled beach. This activity will be undertaken only if conditions allow and appropriate surf patrols are available.
- **Beach Walk** – Students will participate in a beach walk from Park Beach to Digger’s Beach.
- **Ocean Rescue and Awareness** – Students will participate in a 1 hour session to develop an awareness of the dangers of the surf.
- **Raleigh Raceway** – Students will travel to Raleigh Raceway for a Go-Kart Session. Students will be appropriately trained and wear appropriate protective gear including helmets.
- **Raleigh Water Park** – Students will be given an opportunity to ride the water slides and swim at the Raleigh Water Park.
- **Sea-Kayaking** – Students will be appropriately trained and participate in a 1 hour Sea Kayaking Session. All students will wear PFD’s and be under the guidance of qualified guides.
- **Snorkelling** – Students will be appropriately trained and have an opportunity to snorkel under the direction of appropriately qualified guides.
- **Surfing** - Students will be appropriately trained and participate in a 1 hour Surfing Session. This session will be under the guidance of qualified guides.
- **Surf-Rafting** - Students will be appropriately trained and participate in a 1 hour Surf-Rafting Session. This activity is like White Water Rafting in the Surf. All students will wear PFD’s and be under the guidance of qualified guides.
- **White Water Rafting** – Students will travel to the Nymboida River for a full day activity of White-Water Rafting. Instructors will appropriately train students and the rapids will be mainly grade 3 and 4. In times of high waters a couple of grade 5’s. All students will wear helmets and PFD’s and raft with qualified guides.
## Year 12 Outdoor Education Programme 2016 Details

<table>
<thead>
<tr>
<th>Dates</th>
<th>Monday 1 February to Friday 5 February 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leader</td>
<td>Mr Scott Beddingfield</td>
</tr>
<tr>
<td><strong>Time of Departure</strong></td>
<td><strong>6.30am – Monday 1 February</strong> – at the School</td>
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<td></td>
<td>Parking and drop off areas will be clearly marked and staff will be available to direct you. These times may not coincide with current public transport schedules and it is suggested that parents arrange to drive their child(ren) to the School. Students should arrive 30 minutes before departure time.</td>
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<tr>
<td>Return Time</td>
<td><strong>5.00pm – Friday 5 February</strong></td>
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| Location | The Centre  
226 Bonville Station Road,  
Bonville, NSW 2441 |
| **Programme** | • Supervised by staff of Macarthur Anglican School  
• Skills activities run by trained staff of outside providers. |
| What to wear and what to take | Casual clothing suitable for a camp – see also the enclosed Camp Equipment List |
| Activities | Surfing, Snorkelling, White-Water Rafting, Water-Slide, Sea-Kayaking, Go-Karting  
For more details, see The Centre: [www.coffscentre.org.au](http://www.coffscentre.org.au) |
| **Forms to be completed** | 1. Confidential Medical Information Form (*Pink - Check both sides)*  
2. Parent Declaration – Online parentpaperwork  
3. Snorkel Charter form  
If medication is to be administered on camp - Medication/Asthma Management Plan (Yellow) is to be downloaded from the Macarthur Website (Parents/Camps) and returned on the day of departure only. |
| Return of Forms | Please return Pink form, Snorkel permission to the Administration Centre and online Declaration by **Friday 6 November 2015**. |
The following list is the minimum equipment required for your camp. Please ensure that you are adequately prepared.

Be sure that your name is clearly marked on all items that you take with you.

- Bible (provided), Notebook, Pen
- Sun hat with brim
- Socks (5-6 pairs)
- Long pants (one pair)
- T-shirts with sleeves (4 or 5)
- Long-sleeved shirt (1)
- Shorts (3 pairs)
- Underwear
- Sloppy joe
- Swimwear - must include a rash-vest or swimming shirt
- Sleeping bag
- Liner for sleeping bag or sheet
- Pillow
- Sleepwear
- Waterproof Sunscreen SPF30+
- Water bottle (1 litre MINIMUM size)
- Daypack (similar to the one used for school)
- Walking Shoes (comfortable and worn in)
- Sandshoes (an old pair that can get wet and perhaps thrown away)
- Torch and spare batteries (not too big, but tough)
- Track pants
- Personal toiletries (including insect repellent)
- Towels (2), one large for use in camp, one for pool
- Waterproof jacket
- Garbage bags for dirty clothes
- Personal medicines (eg. Ventolin)
- 1 set of old clothes that can be thrown away

Please Note:

Students must NOT bring singlet tops.

Only T-shirts with sleeves are acceptable because of the risk of sunburn.
Jetty Dive Centre – Coffs Harbour, NSW.
SNORKEL CHARTER FORM

Name: ____________________________  Trip Dates(s): ____________________________
Address: __________________________  ________
Tel: __________ Mobile: __________
Email: __________

☐ Please tick here if you want to be added to our electronic newsletter list.

CONDITIONS

These are the conditions and statements upon which the Jetty Dive Centre (hereafter called ‘JDC’) will provide services to you.

Please read carefully in full and fill in blanks, and then initial in column and sign where indicated.

Initial Here
BOOKING CONDITIONS
JDC reserves the right to shorten any trip or change itineraries for reasons including but not limited to unforeseen weather conditions or other emergencies. In that case JDC may make a pro rata refund to you based on the number of dives lost. No liability for consequential loss or expense is accepted by JDC, its officers, staff, agents or sub-contractors.

Initial Here
RENTAL AGREEMENT
I agree to reimburse in full, JDC for any snorkelling, skin diving or recreational equipment lost, damaged or stolen while in my care. Acceptance of equipment, issued by JDC does not constitute a contract of hire for purpose. I undertake full responsibility for said equipment, correct use and operation, and return of said equipment, clean and in good order and condition.

VOLUNTARY LIABILITY RELEASE, WAIVER AND ASSUMPTION OF RISK AGREEMENT

BOAT TRAVEL & DISCOVER SNORKELLING AND SKIN DIVING

I, __________________________, hereby affirm that I am aware that snorkelling and/or skin diving (hereafter called ‘snorkelling’) has inherent risks including those inherent risks occurring during boat and vehicle travel to and from the snorkel sites which may result in serious injury or death. I understand that these risks include, but are not limited to, drowning, slipping or falling while on board, being cut or struck by a boat while in the water, injuries occurring while getting on or off a boat, and other perils of the sea. By signing this release, I certify that I am fully aware of and expressly assume these and all other risks involved in making such snorkel(s) or skin dive(s), whether conducted as a recreational snorkel or part of a programme. I certify that I am fully aware of and intend to assume personal responsibility for all risks involved on this trip.

I also understand that snorkelling is physically strenuous activity and that I will be exerting myself during this program, and that I am injured as a result of a heart attack, panic, hyperventilation, drowning or any other cause, that I expressly assume the risk of said injuries and that I will not hold the Released Parties responsible for the same.

I understand and agree that neither the instructor, Diversures, Vessel Corsair, Boat & Dive Crew Member(s) or the owners of the vessel(s), including but not limited to Wildfin or Red Wing nor Jetty Dive Centre and PAUDI Inc, nor their respective affiliate and subsidiary corporations, nor the owners, tenants, offshore agents, employees, agents, sub-contractors, or assigns of the above listed individuals and/or entities (hereafter “Released Parties”) may be held liable or responsible in any way for any occurrence connected with this trip which may result in personal injury, property damage, wrongful death or other damage to me or my family, heirs or assigns regardless of whether such injury or damage may occur as a result of my participation in this trip or as a result of any negligent act or omission of any party including the Released Parties.

I understand that past or present medical conditions may be contradictory to my participation in the program. I affirm that I am not currently suffering from a cold or congestion or have an ear infection. I affirm that I do not have a history of seizures, dizziness or fainting, nor a history of heart condition (e.g. cardiovascular disease, angina, heart attack). I further affirm that I do not have a history of respiratory problems such as emphysema or tuberculosis. I affirm that I am not currently taking any medication that carries a warning about any impairment of my physical or mental abilities.

I affirm I will snorkel within my own personal physical limits and those of any certification I may have. I will not commence snorkelling until I have been made fully aware of the hazards, layout (topography) and recommended profile for each snorkel site as applicable. Therefore by commencing the snorkel, I affirm that I fully understand the hazards, layout and recommended profile.

Warning Under the Fair Trading Act, Fair Trading (Recreational services) Regulations 2004, Trade Practices Act 1974 and/or similar legislation regarding implied conditions and warranties: Under the provisions of the Fair Trading Act several conditions are implied into contracts for the supply of certain goods and services. These conditions mean that the supplier named on this form is required to ensure that the recreational services it supplies to me are — Rendered with due care and skill; and fit for the purpose for which they are commonly bought as it is reasonable to expect in the circumstances; and Reasonably fit for any particular purpose or might reasonably be expected to achieve any result I have made known to the supplier. Under the Fair Trading Act, the supplier is entitled to ask me to agree that these conditions do not apply to me. If I sign this form, I will be agreeing that my rights to sue the supplier under the Fair Trading Act if I am killed or injured because the services were not rendered with due care and skill or they were not reasonably fit for their purpose, are exclusive, restricted or modified in the way set out in this form.

NOTE: The change to my rights, as set out in this form, does not apply if my death or injury is due to gross negligence on the supplier’s part. “Gross negligence” is defined in the Fair Trading (Recreational services) Regulations 2004.

I am __________________________ of age, my date of birth is __________________________ (if under 18 years signed consent of a parent/guardian is required)

In consideration of being allowed to participate in this program, I hereby personally assume personal responsibility for any risk and hereby consent to release all the above listed entities and/or individuals from all liability and responsibility for personal injury, property damage or wrongful death however caused, including, but not limited to, product liability or any negligence act or omission of the released parties. I acknowledge that I have read the foregoing paragraphs and I fully understand the potential dangers incidental to this trip and activity(s). I am fully aware of the legal consequences of signing this instrument, and I understand and intend that this document become legally binding and preclude me from recovering monetary damages from the above listed entities and/or individuals whether specifically named or not for personal injury, property damage or wrongful death caused by negligence or product liability.

I moreover understand the terms herein are contractual and not a mere recital and that I have signed this document of my own free act and with the knowledge that I hereby agree to waive my legal rights. I further agree to any provision of this Agreement is found to be unenforceable or invalid, that provision shall be severed from this Agreement. The remainder of this Agreement will then be construed as though the unenforceable provision had never been contained herein.

I understand this document to be legally binding and agree to all the above conditions. DATED: __________________________

PAINT NAME __________________________  SIGNATURE __________________________
If under 18... __________________________  SIGNATURE __________________________
Parent/Guardian Name __________________________  SIGNATURE __________________________