Foundation Day is one of the School’s major annual events. It is a happy day and a day when we pause to thank God for His providential care of our school.

This year the celebrations were enhanced by the announcement by the Chair of Council, Dr Allan Beavis of the Council’s appointment of Mr David Nockles, our Deputy Headmaster, as the next Headmaster of Macarthur following my retirement at the end of this year. You should all have received a letter from Dr Beavis about Mr Nockles appointment. I must say how delighted I was in hearing of the appointment.

The evening of Foundation Day saw a new element to the celebrations; that of the Foundation Day Music Festival. The Festival was held in various venues around our music and performance precinct and had several items being performed at once in different venues. It was a wonderful and successful evening delighting, and I believe, surprising all who came. A BBQ added to the atmosphere of the evening and the heaters around the tables made for a very pleasant venue indeed.

The Infants School games morning, traditional Tug-O-War and the treats for all the students, together with a Service of Thanksgiving made for a lovely day, as befits Foundation Day at Macarthur.

The only sour note was the number of students who absented themselves from school that day, no doubt with parental permission. As we build Macarthur, traditions like Foundation Day become part of the life of our school. It is therefore extraordinarily disappointing that a significant number of families treat such events as of no account. That is not the Macarthur way nor is it typical of independent schooling generally. I ask these families to reconsider their support of events like Foundation Day and Speech and Awards Night.

I wish all members of our School community a happy and safe holiday period and look forward to the student’s return on Monday 21 July.

RILEY WARREN
Headmaster
NEW HEADMASTER ANNOUNCED

As you would all now be aware, last Friday during the Foundation Day service, the Macarthur Anglican School Council announced the appointment of Mr David Nockles BA, DipEd, MEd (Hons), MACE, MACEA, currently the Deputy Headmaster, as the new Headmaster beginning 1 January, 2009.

Mr Nockles is a talented educator who brings an understanding of excellent classroom practice as well as a depth of experience in management and governance to this position. He has an active love of learning and is keen to ensure that Macarthur maintains its pre-eminence as a place of high academic standards and quality teaching and learning. His Christian faith will ensure that a Christian Worldview continues to pervade all aspects of the educational environment of the School.

Dr Allan Beavis, Chair of Council, commented, “It is particularly gratifying to find that, after an extensive search for a new Head, we have found a member of our own school community able to take up this position. The Council and I are confident that Mr Nockles has the necessary qualities to lead the School into the next phase of its history and development.”

In speaking of his appointment Mr Nockles has expressed his gratitude to the Macarthur School Council for his appointment. “I am honoured by the opportunity the School Council has provided me to lead this wonderful School and look forward to working with the community as we build upon the traditions of excellence which have always been a feature of Macarthur Anglican School.”

The 5 Club
Oars, Oranges, Obstacles, Opportunities, Olympics
Years T-6 for the ‘Five-O’ Experience

Cost: $7 per day (includes morning tea, craft, games, Bible story, activities, Mini-Olympics and lots of fun)
Places are limited - Registration slip & money (cash preferable) to the School Accounts office ASAP.
(Enquiries regarding the programme please contact Chaplaincy/Mrs Davis on 4629 6225)

Please continue to support these missionary families with your donations and your prayers.

Jono, Amy, Lili, Isaac, Brie and Abe Vink
who work with the Church Missionary Society in Tanzania
javink@cms.org.au

Mike, Chantelle and Rachel Keith
who work for the Bush Church Aid Society in Lightning Ridge
mckeith@westnet.com.au
I was recently invited to speak about my ministry and work to a very unique car club, The Razorback Crankhandle Association, founded only 14 years ago. Meetings are held in Picton once a month and I was impressed by the expertise represented and the vibrant life of this small club (about 70 members). They shared a common love of motor vehicles with crankhandles and the driving and restoration of such vintage cars. It was a demonstrative reminder of the freedom of association we have in this country and of the amazing array of diversity of experience and interests we can enjoy. It also prompted the reminder that we are all made in God’s image albeit flawed; we have the gift of creativity and a will with which we can choose, and the capacity to relate to our world and one another like none other of God’s creatures. A matter to give thanks for as we enjoy his creation and each other.

We owe everything to God, as the Psalmist says:

“These all look to you to give them their food at the proper time. When you give it to them, they gather it up; when you open your hand they are satisfied with good things.”

God is so generous to us and we should reflect that generosity in our life.

Not withstanding this freedom and diversity and the common humanity we share it is also apparent that we share the normal foibles and weakness of humanity everywhere. God in his generosity has provided a way to deal with these also. In the person of His Son,

“Jesus Christ, who died once for all, the righteous for the unrighteous, to bring us to God.”

How has God blessed you in this past week?

If we can help you with questions about the Christian faith or you would like a new Bible (contemporary language) please ring on 4629 6225 or email: church@mas.nsw.edu.au

STEVEN DAVIS
Chaplain
FROM THE HEAD OF JUNIOR SCHOOL

Autumn Term at Macarthur is drawing to a close at a busy pace with students continuing to participate in a diverse range of activities up until the very last day of term. Students have worked hard to achieve their goals and to ‘be their best’ this term.

Year 5 and 6 students have competed in the second Mathematics Olympiad, achieving pleasing results, whilst the Year 6 GATEway class gave some wonderful presentations on Ancient Greece that reflected the significant amount of research and preparation that they have done on this topic with Mr Jones and Mrs Purvis.

Students in the Junior School celebrated Foundation Day through participating in the first section of our Athletics Carnival, the relay races. Competition for first place was fierce in each race as students pushed themselves to gain valuable points for their houses. It was also enjoyable to witness the amount of house spirit and pride in being a Macarthur student that was evident on the day.

All Junior School students who performed at the Foundation Day Music Festival last Friday night played their instruments and sang beautifully. Particular mention must go to Brandon Kalyzyn and Melissa Johnson who have made wonderful progress with their singing this year and to Justice Massaad and Emma Nockles who sang excellent solo pieces. The students were truly a credit to themselves and performed in a manner which reflected the effort put in by the Music Faculty. Miss Coleman has done a great job in preparing our performers for the JSHAA Music Festival in early August, where Macarthur students will perform a short piece from this year’s musical, Alice in Wonderland, and form part of the combined band, strings group and choir.

Our Enrichment programme continues to operate successfully with many students being interested in taking part. This year we are offering Tournament of Minds, Math Olympiad, University of Canberra Mathematics Challenge, the iMovie group, Chess Club and the JSHAA Performance Group. A debating group will commence in the Winter Term. This is an outstanding range of activities for your children to choose from and is indicative of the commitment our staff give to their students. Special thanks to Mrs Ha for her vision in founding the Enrichment programme at Macarthur, as it has proven to be a highly successful one over a number of years.

Finally, a big thank you to all of those parents and students who attended the Junior School Musical Barbeque last Saturday. The many musical productions conducted over the years at Macarthur have been a wonderful opportunities for families to create new friendships with one another through this common interest, and an exceptional way for our students to showcase their work ethic and talent. A special thanks to Mr Schaefer, Mr Wood and Mrs Ha for their work on the barbeques on the day, and of course to Miss Coleman, Miss Blakeley and our staff who have worked tirelessly to rehearse the students.

A reminder to all families that students are not permitted to wear any jewellery or makeup to school under any circumstances. This particularly includes earrings. Students are also not permitted to tint or colour their hair.

Our prayers for a safe, happy and healthy holiday period. We look forward to seeing all of our students and parents again for the Winter Term.

WILLIAM WALLACE
Head of Junior School
**Duke of Edinburgh Cook-Off**
On Friday 13 June, the Silver Duke of Edinburgh students (all Year 10), participated in an activity designed to improve their Bush Cooking skills. Students were not allowed to spend more than $10 (proven with docket), the total weight of their ingredients could not exceed 500g and total cooking time had to be less than half an hour. Judging commenced from the point of weighing until all equipment had been washed and returned.

The winning group cooked a scrumptious meal of beef kebabs served on a bed of flavoured rice. Congratulations to budding chefs Christopher Bailey, Brent Fielding, Stuart Kenny and David Withington.

Also, congratulations to Katelyn Bailey, winner of the log-book competition and Charles French, who was awarded a Highly Commended.

**Nathan Alterator**
Silver Duke of Edinburgh Co-ordinator

---

**Macarthur Does Have Talent!**
After Friday 13 June’s evening escapades, it’s official, “Macarthur’s Got Talent Too”. For the second year now, an entertainment-packed evening of student (and even staff) performances was held to raise funds to support St Michael Secondary School in Kilolo, Tanzania. The event was hosted by the Student St Michael School Committee who worked tirelessly to produce and direct the show.

Our judges for the evening once again were, Mrs Fitzgerald, Mr Cartwright, and former student, Zac Brown (Year 12 2007). Their comments proved to be just as entertaining as the acts, even though they were at times, controversial. Thank you also to another former student, Frank Nicastri (also Year 12, 2007) who engineered the sound for the event.

The variety of talent displayed by Macarthur students is always outstanding, and this event was no exception. Dancers, singers, a rock band, musicians, comedians, and actors all contributed to two hours of fun and entertainment. Congratulations to all involved.

**Paul Stevens**
St Michael School Committee

---

**ANNUAL WINTER APPEAL**
4 August - 5 September
More details next term...
The Board of Studies Annual School Report will be available for viewing on the School’s website from 1 July. Visit: www.macarthur.nsw.edu.au/default.asp?page=publications_reports

Business Owners ...
Don’t Miss out this time!

MACARTHUR ANGLICAN SCHOOL
Community Business Directory
“Supporting those who support us”

Bookings now open for the 2009 edition
Download an Information Pack and Booking Form from the Supporting Macarthur page of our website www.macarthur.nsw.edu.au or call the Office of Advancement on 02 4647 5333.
YEAR 12 AT THE JEWISH MUSEUM
On Wednesday 18 June Year 12 Modern History students attended the annual excursion to the Sydney Jewish Museum at Darlinghurst.

After our introductory audio-visual presentation, George, a Jewish survivor of the Holocaust recounted some of his family’s experiences under Nazi rule in the ghettos, and their escape from Nazi occupied Poland to the Soviet Union. The reality and gravity of what we have been learning about in the classroom hit home as we went on to tour the museum’s holocaust exhibits. The tour also gave a human face to those who suffered under the Nazis, and further added to the experiences that many students gained through their recent visit to Dachau Concentration Camp during the History Europe Tour in April.

I would like to take this opportunity to congratulate all of our students for the high level of maturity and sensitivity that they displayed during their visit.

PAUL STEVENS
Faculty Head History and International Studies

YEAR 9 GEOGRAPHY INVESTIGATION
On Monday 16 June, Year 9 travelled to Leichhardt and Chinatown to investigate changing Australian Communities, as part of our Australian Geography course.

In Leichhardt, we started at the Italian Forum and walked through some of the back streets, where we saw examples of gentrified buildings. On our way back to the Forum, we stopped for gelato before heading to Chinatown. We walked up Dixon Street where we saw many examples of Chinese architecture. We then walked to the Chinese Friendship Gardens and learnt about why and when it was built.

This experience was beneficial to our understanding of urban communities and different cultures living in Australia.

ASHLEE MARSON AND RHYS O’SHEA
Year 9 Students

NON-IPSSO SPORT
This term Year 5 and 6 non-IPSSO students have participated in a rigorous gymnastics course at Alive Sports, Narellan, under the watchful eye of experienced gymnastics coaches. The session usually begins with some warm up games designed to maximise muscle and ligament flexibility, and develop coordination and balance skills. The students are then split into groups and rotated through a series of activities that develop physical strength, agility and coordination using a range of equipment including balance beam, trampoline, vault, parallel bars, still rings, climbing ropes and wall bars. The students are also instructed in floor exercise activities where they learn the correct technique for rolling and body balances. There is a constant atmosphere of challenging activity and fun amongst the students. A very worthwhile alternative to IPSSO sport.

ANDREW WOOD
Teacher

School Holiday
Opening Hours
The Uniform Shop
Mondays
8.15am - 4.30pm
Wednesdays and Thursdays
8.15am - 2.45pm
30 June - 4 July and
14 July - 18 July
8.30am - 2.00pm
7 July - 11 July
CLOSED
**Year 7 in the Blue Mountains**

Year 7 recently undertook a fieldwork trip to the Blue Mountains for Geography. The purpose of the fieldwork was to complement work in class on the topics ‘World Heritage Areas’ and ‘Rainforests’.

As we travelled from school to Katoomba we observed some of the characteristics of the towns we passed through. At Katoomba we watched the documentary ‘The Edge’ at the maxivision giant screen cinema. The movie covered a variety of aspect of the area including past and present land uses, adventure activities and aboriginal history and the discovery of the Wollemi Pine. This was followed by morning tea at ‘Echo Point’ where students learnt about the natural processes that shaped the Jamison valley.

We walked down the giant staircase to the valley floor and could not believe the difference in vegetation from the top of the cliff. The temperate rainforest vegetation had a closed canopy which kept the temperature five degrees cooler, a welcome relief after all that exercise! After lunch we ascended via the scenic railway. The other highlight of the trip was a ride across the Jamison valley in the scenic skyway and looking through the glass bottom at the valley below.

The students learnt a lot about mountain and rainforest environments as well as the natural beauty, plants and animals that helped the Blue Mountains to be classified as World Heritage Area.

**Deborah Davidson**

Teacher
**YEAR 5 BAILED UP!**

One cold, wet, grey morning not long ago, the focussed, settled ambience of hardworking Year 5 students was startled into a state of panic and fear as two helmeted ‘Bushrangers’, intent on mayhem, entered the classrooms. The students in disbelief and confusion took cover under desks and ran squealing to the corners of the room in the hope of safety as the menacing pair demanded gold, money and anything of value. The Bushrangers were ruthless as they plundered the students hard earned cash recently assayed during the Gold Game. If the petrified students had no money, valuable assets such as chewed pencils, floppy rulers, dog-eared exercise books and scruffy ‘Roxy’ pencil cases were instead snatched from their desperate grasp.

Although a handful of students attempted to disarm the iron-plated hoodlums with threatening karate kicks and kung fu chops. This was to no avail as one piercing glare through the eye slit of the Bushrangers helmets and a scoffing yet muffled laugh, scampered the would-be ten and eleven year old heroes.

As the Bushrangers departed in a wake of carnage and chaos, one was reported to have bellowed, “That’ll teach ya ta boast of yer riches!” The robbers were last seen heading south toward the sanctuary of the staff centre to gloat over their takings. Year 5 students are now hunting for two bandits under the pseudonyms of ‘Mad Dog Jones’ and ‘Shifty Stevens’ and their scheming accomplices, Commissioners Dench, Wood and Clarke.

ANDREW WOOD
Teacher

---

**STUDENT ACHIEVEMENTS**

**James Pitt** (Year 10) completed his Junior Cricket career with the Camden District Junior Cricket Association (CDJCA) for the 2007/2008 season, being a member of two premiership winning teams: the Under 16 Division 1 team, and the CS Watson Under 16 representative team. James had an outstanding year picking up several awards including Junior Player of the Year and Batting Awards.

**Kyle Johnson** of Year 12 performed well in the recent Tri-state pistol shooting competition.

**The Middle School and Senior School Choir** competed in the Wollongong Eisteddfod and won second place in the Secondary Schools Own Choice section. They also competed in the Sydney Eisteddfod and won third place in the under 19 Secondary Schools Own Choice section. Well done!

**Padraic Kearney** (Year 9) competed in the Under 16 Years, Under 60 kg Australian National Titles in Judo. He finished with two wins and one loss and was awarded a silver medal.

---

**ANNUAL VISIT BY JAPANESE STUDENTS - CAN YOU HELP?**

The annual visit by students of our sister school, Nihon University the Third High School, will take place from Tuesday 5 to Monday 18 August - a total of 13 nights. We are looking for several families to accommodate a group of 21 students - 10 boys and 11 girls. To help defray the costs in accommodating a student, families are paid an amount of $25 per night, a total of $325 per student for the duration of the stay. The teachers of Nihon University the Third High School prefer single placement of their students so that they have plenty of opportunities to practise speaking English. If you can assist or for further information, please contact Reception on 4647 5333.

ROBERT SIM
Registrar
The Top 10 Ways to Raise Emotionally Intelligent Kids

Having a high level of emotional intelligence in your children is the best way to ensure that they live a happy, successful, and responsible life as an adult. Here are ten ways to help your kids attain a high degree of emotional intelligence:

1. **Model emotional intelligence yourself.**

   Yes, your kids are watching very closely. They see how you respond to frustration, they see how resilient you are, and they see whether you're aware of your own feelings and the feelings of others.

2. **Be willing to say "no" to your kids.**

   There's a lot of stuff out there for kids. And your kids will ask for a lot of it. Saying no will give your kids an opportunity to deal with disappointment and to learn impulse control. To a certain degree, your job as a parent is to allow your kids to be frustrated and to work through it. Kids who always get what they want typically aren't very happy.

3. **Be aware of your parental "hotspots."**

   Know what your issues are - what makes you come unglued and what's this really about? Is it not being in control? Not being respected? Underneath these issues lies a fear about something. Get to know what your fear is so you're less likely to come unglued when you're with your kids. This doesn't make fears go away, it just makes it easier to plan for and to deal with.

4. **Practice and hone your skills at being non-judgmental.**

   Start labeling feelings and avoid name-calling. Say, "he seems angry," rather than, "what a jerk." When your kids are whiny, saying things like, "you seem sad," is better than just asking them to stop. Depriving kids of the feelings they're experiencing will only drive them underground and make the feelings stronger.

5. **Start coaching your kids.**

   When kids are beyond the toddler years, you can start coaching them to help them to be more responsible. Instead of "get your hat and gloves," ask, "what do you need to be ready for school?" Constantly telling your kids what to do does not help them to develop confidence and responsibility.

6. **Always be willing to be part of the problem.**

   See yourself as having something to do with every problem that comes along. Most problems in families get bigger when parents respond to them in a way that exacerbates the problem. If your child makes a mistake, remember how crucial it is for you to have a calm, reasoned response.

7. **Get your kids involved in household duties at an early age.**

   Research suggests that kids who are involved in household chores from an early age tend to be happier and more successful. Why? From an early age, they're made to feel they are an important part of the family. Kids want to belong and to feel like they're valuable.
8. Limit your kids’ access to mass media mania.

Young kids need to play, not spend time in front of a screen. To develop creativity and problem-solving skills, allow your kids time to use free play. Much of the mass media market can teach your kids about consumerism, sarcasm, and violence. What your kids learn from you and from free play with others will provide the seeds for future emotional intelligence.

9. Talk about feelings as a family.

State your emotional goals as a family. These might be no yelling, no name-calling, be respectful at all times, etc. Families that talk about their goals are more likely to be aware of them and to achieve them. As the parent, you then have to "walk the talk."

10. See your kids as wonderful and capable.

There is no greater way to create emotional intelligence in your child than to see them as wonderful and capable. One law of the universe is, "what you think about expands." If you see your child as wonderful, you'll get a lot of "wonderful." If you think about your child as a problem, you'll get a lot of problems.

Source: www.topten.org

Rational Psychology
An insight into how to manage our emotional lives

In a line from Aristotle, through Augustine and Aquinas to the realist philosophers of the 20th century, there has been a consistent view that emotions are neither good nor bad in themselves … it is how we manage them through our intellect and will that gives them a positive or negative value.

Aristotle’s work laid the foundations for rational psychology. From his observations he taught there are integrated features in the psychological make up of all human beings:

- **Our intellect**
  Our power to understand, which is assisted by sound habits of thinking critically and logically.

- **Our will**
  Where we make decisions; the power to choose and to love.

- **Emotions and passions**
  He taught there are seven passions: love and hatred, desire and fear, joy and sadness, and anger.

- **Our senses**
  All our knowledge of the world enters through our senses as raw data or information we have been told.

- **Habits of behaviour**
  for better or worse: virtues or vices.
  Habits of respect and responsibility, self control, and courage assist our will when it makes choices.

Realist philosophers argue that emotions and passions link us to the world around us but need the guidance of reason. We are a package deal: our happiness depends on our using reason and good habits to direct our choices. Ultimately, our actions may be traced back to sound or impulsive choices, often to well or poorly managed passions and emotions. Aquinas wrote in the 13th century “Emotion leads away from moral behaviour in so far as it is uncontrolled by reason; but in so far as it is rationally directed, it is part of the virtuous life”.

When passions and emotions pre-empt decisions, we can end up doing things that we don’t want to do, or that are not good for us – we love the wrong things, we eat too much food, we fear things irrationally, we allow sadness to dominate our moods, we give into bursts of impulsive anger, etc. How often we see in children the damage of impulsive behaviours; yet as adults the damage they do will be much greater unless they are taught to manage their emotional lives. This is a key goal of teachers and parents.
**Champ Camp 2008**

Year 12 students have been issued with a form about Champ Camp, the school’s study camp for our HSC students which is held in the first week of the September/October holidays, from Monday 29 September to Friday 3 October. The camp will cost $360, and a deposit of $100 to secure a place is due to the Accounts Department by 23 July.

The cost covers food and accommodation for the five days of the camp, bus travel to and from Port Hacking, and a cruise on Port Hacking with a pizza dinner on the Wednesday night.

Teachers from all faculties will attend to assist with running seminars and marking responses. Year 12’s in the past have found Champ Camp an invaluable part of their preparation for the HSC. Teachers volunteer to give up a part of their holiday time to do this, which is a measure of their commitment to Macarthur students.

Year 12’s are strongly encouraged to attend the camp. Any queries may be directed to Mr Kokić or Mrs Low.

---

**For Your Diary**

**July**
- 8-12 Interschool Skiing/Boarding Competition
- 12-15 Scots/Redlands Cup Ski Competition
- 14-16 Oliver! full day Rehearsals
- 21 Start of Winter Term
- 21-25 Year 6 Queensland Outreach
- 28-31 Oliver Musical Performances

**August**
- 1-2 Oliver Musical Performances
- 4 Scholarship Presentation Evening
- 5 Trial HSC exams begin
- 7 Nihon University the Third students arrive
- 8-9 Infants School and Junior School Parent/Teacher Night
- 10 Year 7-11 Parent/Teacher Night
- 11 Infants School and Junior School Bookweek Celebrations
- 14 Year 7/9 Recital Evening
- 15 Infants School and Junior School Bookweek Celebrations

---

**Lionel Bart’s Oliver!**

Based on Charles Dickens’ “Oliver Twist”

TICKETS ON SALE NOW

July 28 - August 2 2008

**For Your Diary**

**July**
- 8-12 Interschool Skiing/Boarding Competition
- 12-15 Scots/Redlands Cup Ski Competition
- 14-16 Oliver! full day Rehearsals
- 21 Start of Winter Term
- 21-25 Year 6 Queensland Outreach
- 28-31 Oliver Musical Performances

**August**
- 1-2 Oliver Musical Performances
- 4 Scholarship Presentation Evening
- 5 Trial HSC exams begin
- 7 Nihon University the Third students arrive
- 8-10 Infants School and Junior School Parent/Teacher Night
- 10 Year 7-11 Parent/Teacher Night
- 11 Infants School and Junior School Bookweek Celebrations
- 14 Year 7/9 Recital Evening
- 15 Infants School and Junior School Bookweek Celebrations

---

**Macarthur Anglican School**

**School Ball**

**Saturday 16 August**

**Canterbury Park Function Centre**

**7:00PM**

**Presentation of Debutantes**

**Tickets:** $95.00 per person

**Tickets available at the Macarthur Accounts Office**

---

**Enter to Learn**