



Outdoor Education Programme

Years 3 and 4 Camp 2022

Information Booklet for
Parents and Students



Macarthur Anglican School

Address 605 Cobbitty Road, Cobbitty NSW 2570 Australia

Post PO Box 555, Camden NSW 2570 Australia

Email administration@macarthur.nsw.edu.au

Phone +61 (0)2 4647 5333

Faxsimile +61 (0)2 4647 54444

ABN 58 390 019 481

**From the Acting Headmaster
Mr A Kokic**

14 February 2022

Dear Parents,

Years 3 and 4 Junior School Camp will soon be upon us. At Macarthur we have a carefully planned, broad but focussed, curriculum as part of our Outdoor Education Programme.

The Outdoor Education Programme, co-ordinated for students in Years 3 to Year 6 by Mr Timothy Cartwright, is part of a sequential programme from Year 3 to Year 12.

Our camps are at sites specifically established to give school children an outdoor experience. They have full and expert supervision from their own staff, augmented by Macarthur teachers. The programme for this camp will include bush skills, raft building water activity (Year 4 only), bushwalking, initiative activities and low ropes. You will find enclosed a more detailed list of activities in which your child will be involved. While there is rigour in the programme, students are not expected to achieve beyond their ability, nor are they pushed to do so. However, students are given the skills and encouragement to meet challenges. The Outdoor Education Programme rewards students who achieve across a number of outcomes.

I do not doubt that your child will have a rewarding time away with their school friends. I should mention that each year a few parents seek to 'protect' their child by finding excuses as to why he or she should not attend. Please refrain from doing this. The Outdoor Education Programme is not an optional extra at Macarthur, but rather a full part of the educational experience we offer, as was explained at the time of your enrolment interview.

Full details including a list of activities that each child will be taking part in during the Years 3 and 4 Programme and an equipment list are provided in this booklet.

A Camp information loom link is on the Programme Details page in this booklet. Should you require further information after watching the presentation then please contact Mrs Stelzer on 4629 6239.

Years 3 and 4 Camp Programme Descriptors

Outlined below is a brief description of the activities Years 3 and 4 may undertake during their camp. The activities are planned in such a way so that students begin or further develop particular skills as they progress through the sequential programme for Years 3 – 12.

For each activity undertaken, a member of staff from Macarthur will be present as the overall co-ordinator and supervisor. Appropriately qualified instructors will undertake the instruction, safety briefing and specifics of the activities.

- **Bush Skills** – Instructors will take the students through skills such as bush safety, simple bush cooking and understanding the bush environment.
- **Initiative activities** – students will take part in low-level activities that involve simple trust initiatives and safety spotting.
- **Bushwalking** – Students will take part in a walk around the Galston Gorge Conference Centre and into the adjoining area.
- **Low Ropes** – Students traverse through a series of low ropes assisting one another to reach the end.
- **Climbing (Year 3 Only)** – students are introduced to harness activities by undertaking a challenge to complete a simple climb up a pole.
- **Archery (Year 3 Only)** – students learn how to fire arrows at our archery range.
- **Indoor High Ropes (Year 4 Only)** – students are challenged to climb to the top of the 8m artificial wall.
- **Rafting (Year 4 Only)** – students work in teams to construct and float on rafts. Students who are non-swimmers can build the raft on land but will be unable to enter the pool to determine if it floats.

***** All students identified as non swimmers in Parent Lounge will be provided with a PFD for all water based activities *****

Years 3 and 4 Outdoor Education Programme Details

Dates	Wednesday 9 March to Friday 11 March 2022
Leader	Mrs Estelle Stelzer - Head of Junior School 0414653073
Departure and Arrival Times	
<p><u>Wednesday 9 March:</u> Arrive 7.45am - Students will arrive at School and meet their teachers in their rooms with their daypack in readiness for departure at 8.30am. Return time 7.30pm - Please meet your children in the Kiss and Drop area of the Junior School Carpark.</p> <p><u>Thursday 10 March:</u> Arrive 8.00am - Students will arrive at School and meet their teachers in their rooms with their daypack in readiness for departure at 8.30am. Return time 7.30pm - Please meet your children in the Kiss and Drop area of the Junior School Carpark.</p> <p><u>Friday 11 March:</u> Arrive 8.00am - Students will arrive at School and meet their teachers in their rooms with their daypack in readiness for departure at 8.30am. Return time 4.15pm - Please meet your children in the Kiss and Drop area of the Junior School Carpark.</p>	
Location	Galston Gorge Conference Centre, 8 Crusader Road, Galston https://www.cru.edu.au/summit-educational-camps/camps/
Programme	<ul style="list-style-type: none"> • Supervised by staff of Macarthur Anglican School • Skills activities run by trained staff of outside providers
What to wear and what to take	Casual clothing suitable for a camp – see also the enclosed Camp Day Pack Equipment List
Activities	For more details see the attached activities descriptors. There will also be talks on Christian Lifestyle.
Response and forms to be completed, no later than Friday 25 February	1. Event/Excursion in your Parent Lounge: response is required to this event in the Parent Lounge no later than Friday 25 February.
Medication	<p>All medication for the 3 days of Camp should be brought to School on Wednesday 9 March. This will be collected by staff at the Kiss and Drop benches, individually named and bagged with a medication note signed by the parent.</p> <p>Medication/Asthma Management Plan - If applicable, form is available on School website, print, complete and hand in with medication to the supervising teacher on the morning of departure.</p>
Information loom	Year 3-4 Camp Information loom

Years 3 and 4 Camp – Day Pack Equipment List

Children should arrive at School with their Day Pack and proceed to their classrooms. They should be dressed in shorts and a t-shirt, wear comfortable enclosed walking shoes and have a named hat on their head. Please ensure that your children are adequately prepared and all equipment listed below is in the **Day Pack**.

Be sure that your child's name is clearly marked on **all** items that are taken.

- Bible and Pen
- Jacket for warmth
- Sunscreen SPF30+
- Water bottle (that is refillable)
- Waterproof jacket/raincoat
- Personal medicines (eg. Ventolin)

Year 4 Only

- Year 4 only:** Pair of thongs to walk to the pool area
- Year 4 only:** Swimwear for rafting activity - must include a rash-vest or swimming shirt. *This activity is only for fair and confident swimmers as per the student Medical Information that you have provided and verified in Parent Lounge.*
- Year 4 only:** Towel - one for the pool
- Year 4 only:** Garbage bag for wet swimmers and towel

Please Note:

Students must NOT bring singlet tops.

Students are NOT permitted to bring mobile phones or smart watches.

Only T-shirts with sleeves are acceptable because of the risk of sunburn.