



Outdoor Education Programme

Years 5 and 6 Camp 2022

Information Booklet for
Parents and Students



Macarthur Anglican School

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From the Dean of Students

I am writing to inform you of the continuing Outdoor Education Programme for your son/daughter at Macarthur Anglican School. The Outdoor Education programme is integral to the curriculum and as such cannot be considered an optional extra. Each camp seeks to give students an opportunity to experience a temporary community where they can learn to co-exist and develop an ongoing relationship with each other in their peer group and with their teachers in a Christian context. It also allows them to face challenges they would not otherwise have and grow as individuals as a result.

Through participation in the Outdoor Education Programme students will be given an opportunity to develop and refine their skills in a wide range of activities. Such activities include Pool rafting, Marine Studies, Abseiling and Archery.

Please discuss the responsible behaviour expected during the camp with your child and the understanding also that any unreasonable damage to camp property will need to be paid for.

Full details including a list of activities that each child will be taking part in during the Years 5 and 6 Programme and an equipment list are provided in this booklet.

A Camp information loom link is on the Programme Details page in this booklet.

Timothy Cartwright
Dean of Students

Years 5 and 6 Camp Programme Descriptors

Outlined below is a brief description of the activities Years 5 and 6 may undertake during their camp. The activities are planned in such a way so that students begin or further develop particular skills as they progress through the sequential programme for Years 3 – 12.

For each activity undertaken a member of staff from Macarthur will be present as the overall co-ordinator and supervisor. Appropriately qualified instructors will undertake the instruction, safety briefing and specifics of the activities.

- **Swimming / Waterslide** – Students will be able to swim on site and make use of the Giant Water Slide. Qualified instructors and teachers will supervise students.
- **Canoeing** – Students will be fitted with a personal floatation device and be introduced to basic management of the canoes, etiquette and solving elementary problems.
- **Sailing** - Qualified instructors will teach basic safety procedures and sailing skills with all students. They will then be given an opportunity to sail under staff supervision and direction. All students will be fitted with a Personal Flotation Device.
- **Low Ropes** - Students will take part in low-level activities that involve simple trust initiatives and safety spotting.
- **Orienteering** - Students will go on an adventure through the bush with instructors learning basic navigation skills.
- **Billy Carts** - As students build a cart, they will with the guidance of instructors learn to communicate and work effectively in a team.

***** All students identified as non swimmers in Parent Lounge will be provided with a PFD for all water based activities *****

Years 5 and 6 Outdoor Education Programme Details

Dates	Wednesday 2 March to Friday 4 March 2022
Leader	Mrs Karen Williams - Assistant Head of Middle School (5 & 6) 0414653073
Departure and Arrival Times	
<p><u>Wednesday 2 March:</u> Students should arrive at the normal time (8.00am) and meet their teacher in the Lloyd Courtyard with their daypack, for a departure at 8.30am. Return time: 8.00pm - Please meet your children in the Bus Bay area at the front of the school.</p> <p><u>Thursday 3 March:</u> Students should arrive at the normal time (8.00am) and meet their teacher in the Lloyd Courtyard with their daypack, for a departure at 8.30am. Return time: 8.00pm - Please meet your children in the Bus Bay area at the front of the school.</p> <p><u>Friday 4 March:</u> Students should arrive at the normal time (8.00am) and meet their teacher in the Lloyd Courtyard with their daypack, for a departure at 8.30am. Return time: 5.00pm - Please meet your children in the Bus Bay area at the front of the school.</p>	
Location	Deer Park Port Hacking Conference Centre, Rathane Road, Royal National Park
Programme	<ul style="list-style-type: none"> • Supervised by staff of Macarthur Anglican School • Skills activities run by trained staff of outside providers
What to wear and what to take	Casual clothing suitable for a camp – see also the enclosed Camp Equipment List
Activities	For more details see the attached activities descriptors. There will also be talks on Christian Lifestyle.
Response and forms to be completed: <i>Response is due no later than Wednesday 23 February</i>	<p>Event/Excursion in your Parent Lounge: response is required to this event in the Parent Lounge no later than Wednesday 23 February.</p> <p>Medication/Asthma Management Plan - If applicable, form is available on School website, print, complete and hand in with medication to the supervising teacher on the morning of departure.</p>
Information loom	<u>Year 5-6 Camp Information loom</u>

Years 5 and 6 Camp – Equipment List

Children should arrive at School with their Day Pack and proceed to the Lloyd Courtyard.

Children should be dressed in appropriate shorts (suitable for under a harness) and a t-shirt, wear comfortable enclosed walking shoes and have a hat.

Please ensure that your children are adequately prepared and all equipment listed below is in their Day Pack.

Be sure that your name is clearly marked on **all** items that you take with you.

- Sun hat with brim
- Swimwear - must include a rash-vest or swimming shirt.
- Towel for water based activities
- Garbage bag for wet swimmers and towel
- A full set of dry clothing including shoes and socks
- Jacket for warmth
- Waterproof jacket/raincoat
- Water bottle (that is refillable)
- Personal medicines (eg. Ventolin)

Please Note:

Students must NOT bring singlet tops.

Students are NOT permitted to wear thongs, only enclosed shoes.

Students are NOT permitted to bring mobile phones or smart watches.

Only T-shirts with sleeves are acceptable because of the risk of sunburn